

# 2023 PVA INVITATIONAL TRACK AND FIELD CHAMPIONSHIP

July 1-2, 2023 at Landover, MD  
Prince George's Sports and Learning Complex  
Landover, Maryland 20785  
USATF Sanctioned Event

Officials Coordinator: Dr. William Price  
Meet Director: Barbara Smith/Henry McCallum Jr  
Meet Referee: Phillip Barrett Sr.

**ALL ATHLETES SHOULD ARRIVE FOR THEIR EVENTS ONE HOUR AHEAD OF SCHEDULE  
SPECTATOR FEE \$9.00 PER DAY TWO DAY PASS \$16.00**

**SENIOR CITIZENS 62 & OLDER \$8.00 PER DAY TWO DAY PASS \$14.00**

**!!! MEET CAN RUN UP TO SIXTY (60) MINUTES AHEAD  
OF SCHEDULE.!!!**

**AWARDS: TOP 8 WILL RECEIVE MEDALS  
TOP 8 FROM QUALIFYING ROUND QUALIFIES FOR FINALS**

**\$9.00 per event \$36.00 per relay**

**USATF or AAU membership card is not required**

**Registration must be done online at <https://coachoregistration.com/dbi-bin/calendar.pl>  
and select the meet from the calendar.**

The top 8 finishers in all events qualifies for the Youth International Championship  
being held July 14-16 2023 at Prince George's Sports and Learn Complex. All  
information pertaining to this meet can be found at the following website:

<http://iiyctrackmeet.com/>

## Schedule of Events

### SATURDAY, July 1, 2023

#### Running Events:

8:00 AM	3000 Meter Run Finals	11-12 G/B
9:00	400 Meter Semi	8 & U 9-10 11-12 G/B
12:30 PM	800 Meter Run	8 & U 9-10 11-12 G/B;
1:40	200 Meter Dash	8 & U 9-10 11-12 G/B
3:15 PM	200 Meter Dash	13-14, 15-16, 17-18
4:30	800 Meter Run	13-14, 15-16, 17-18
5:30	3000 Meter Run Finals	13-14, 15-16, 17-18 W/M
6:00	400 Meter Semi	13-14, 15-16, 17-18

#### Field Events:

##### LONG JUMP:

8:00 AM	8 & U Boys Pit 1	8 & U Girls - Pit 2
9:30	9-10 Boys – Pit 1	9-10 Girls Pit 2
11:00	11-12 Boys- Pit 1/	11-12 Girls-Pit 2
1:00 PM	13-14 Boys- Pit N2/Girls-Pit S1	
3:00	15-16 Boys - Pit N2/Girls - Pit S1	
5:00	17-18 Men - Pit N2/Women - Pit S1	

##### SHOT PUT:

8:00 AM	11-12 Boys – (6lbs)	11-12 Girls – (6lbs)
9:30	9-10 Boys - (6 lb)	9-10 Girls - (6 lb)
11:00	8 & Under Boys - (2Kg)	8 & Under Girls - (2Kg)
12:30 PM	17-18 Women (4kg)	1 17-18 Men (12lbs)
3:00	15-16 Boys (12lbs)	

##### DISCUS

8:00 AM	11-12 Girls
10:00	11-12 Boys
12:00 PM	13-14 Girls
1:30	13-14 Boys
3:00	15-16 Girls

##### HIGH JUMP:

8:30 AM	11-12 Girls - Mat #1	11-12 Boys - Mat #2
10:00	9-10 Girls - Mat #1	9-10 Boys - Mat #2
12:00 PM	13-14 Girls Mat #1	13-14 Boys Mat #2
1:30	15-16 Girls - Mat # 1	15-16 Boys - Mat # 2

##### MINI JAVELIN:

9:00 AM	Mini Javelin	8 & Under Girls/Boys
11:00 AM	Aero Javelin	11-12 Girls/Boys
1:30 PM	Mini Javelin	9-10 Girls/Boys

##### JAVELIN

8:30 AM	15-16 Girls
10:30	15-16 Boys
3:00 PM	13-14 Girls
5:00	13-14 Boys

##### HAMMER

5:00 PM	15-16 Boys	17-18 Men
---------	------------	-----------

### SUNDAY, July 2, 2023

#### Running Events:

8:00 AM	4x100 Meter Relays Finals	All
8:45	1500m Run Finals	All
11:00	100 Meter Dash Semi	All
1:30 PM	Short Hurdles Finals	80M 100M 110M
2:15	400m Dash Finals	
3:45	200m Hurdles Finals	
4:00	400m Hurdles Finals	
4:30	100m Dash Finals	
5:00	4 x 800	11-18 Finals All
5:30	200m Dash Finals	
6:00:	1500 Racewalk	9-12
6:30	4x400 Meters Relay Finals	All

#### Field Events:

##### POLE VAULT:

8:30 AM	13-14 Girls, 15-16 Girls, 17-18 Women
11:00 AM	13-14 Boys, 15-16 Boys, 17-18 Men

##### DISCUS THROW:

8:30 AM	17-18 Men
10:00	17-18 Women
12:00 PM	15-16 Boys

##### JAVELIN

2:00	17-18 Women
3:00	17-18 Men

##### SHOT PUT:

8:30 AM	13-14 Girls (6 lb)- Pit # 2	13-14 Boys
1:00 PM	15/16 Girls (4kg)- Pit #1	

##### TRIPLE JUMP:

8:30 AM	13-14 Boys-Pit S1/	13-14 Girls-Pit N1
1:30 PM	17-18 Men-Pit S1 /	17-18 Women-Pit N1
3:00 PM	15-16 Boys-Pit S1/	15-16 Girls-PitN1

##### HIGH JUMP:

10:00 AM	17-18 Women
12:30 PM	17-18 Men

##### HAMMER

5:00 PM	15-16 Girls	17-18 Women
---------	-------------	-------------